

HOW TO GET THE RESULTS YOU NEED

From your seating and mobility assessment

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Objectives

1. To understand the process involved in a comprehensive seating and mobility assessment.
2. To provide practical tips on gathering and analyzing the information from your assessment.
3. To gain knowledge on how to use the assessment findings to match the equipment parameters to their client's needs.

Assessment

- Assessment is “the **process** of gathering sufficient information about individuals and their environments in order to make **informed** decisions about intervention.”
(Christiansen & Baum, 1992, p.376)

It's written everywhere

- Taking the time to gather information...
- Thorough assessment
- Client centered
- The assessment should move through predictable stages
- A good seating Ax involves the consideration of many client factors...

What is in an assessment

- Referral and demographics
- Current Seating/Equipment
- Function and Participation
- Supine Mat Ax
- Seated Mat Ax
- Analysis and Intervention plan

Assessment process

- Use of assessment forms and clinical examples to walk through key points of the assessment.
- Identify a comprehensive assessment process for your work setting. Sample assessment forms are easy to find using a basic web search:
 - “Seating and Mobility Evaluation Form”
 - “Seating and Mobility Assessment Form”
 - “Wheelchair and Seating Assessment Form”

Take Home

- Assess. Don't Guess
- A mobility device should instill independence, confidence and not fear, frustration and dependence.
- A standardized seating Ax process is **evidence based, client centered**, promotes consistency of care, promotes **competency**, ensures **best equipment match**.

References

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