

5.
*Be Fascinated
by Everything*

See
Love
Learn



6.
*Courage is the
Right Side of
Fear*

Instinct
Trust
Integrity




7.
*Declare Your
Compassionate
Commitment*

Authentic
Intent
Remind




8.
*Embrace
Heterarchy*

Earn
Lead
Follow




9.
*Model What's
Possible*

Inspire
Sweat
Act



10.
*Discipline
Yourself*

Disciple
Ritual
Penalty



Meanings of Symbols

| | |
|---|---|
|  | Earth: one of the 4 basic elements |
|  | Mercury: transformative, transcendent |
|  | Fixation: the volatile transformed into form |
|  | Purification: energy, revelation, transformation |
|  | Copper: love, Venus, the mirror |
|  | Boiling: begins the process of distillation |
|  | Gold: perfection in mind and spirit |
|  | Flowing: water, flowing freely |
|  | Fire: heat, activity, transformation |
|  | Platinum: endurance, determination, grit |
|  | Pulverize: to break into the smallest portion, begins the process of Alchemy |